

feel pressured to pretend they have no struggles, questions, fears, temptations, or areas where they need help. One-on-one discipleship provides a safe environment where believers can ask questions honestly, receive biblical encouragement, and continue growing steadily over time.

One-on-one discipleship is not professional counseling or formal therapy. While biblical encouragement, wisdom, accountability, and prayer are important parts of discipleship, the primary focus is helping people grow spiritually and develop a stronger walk with Jesus Christ through God's Word and healthy Christian relationships.

At Calvary Chapel Solid Rock, we believe spiritual growth requires intentional investment, commitment, consistency, and continued exposure to God's Word over time. As believers continue to grow in their relationship with Christ, many areas of life gradually begin to change as well.

Growing in the Lord does not make life perfect, but it often helps life become healthier, wiser, more stable, more purposeful, and more grounded as people learn to follow Jesus faithfully.

If you are interested in one-on-one discipleship or would like help taking healthy next steps in your walk with the Lord, please stop by the Welcome Center or speak with one of our pastors or ministry leaders.

SERVICE TIMES

SUNDAY MORNING | 9:00 & 11:00

CONTACT US

(210) 236-8356
17018 Silverwood Dr.
San Antonio, TX 78232

WWW.CALVARYSR.ORG



CALVARY CHAPEL
SOLID ROCK



DISCIPLING
one-on-one

CALVARY CHAPEL
SOLID ROCK

ONE-ON-ONE DISCIPLESHIP

One of the most important parts of the Christian life is continuing to grow spiritually after coming to faith in Jesus Christ.

While spiritual growth certainly involves personal prayer, Bible reading, church attendance, and learning God's Word, Scripture also shows the importance of believers helping, encouraging, and strengthening one another along the way. The Bible says:

“And the things that you have heard from me among many witnesses, commit these to faithful men who will be able to teach others also.”

– 2 Timothy 2:2 NKJV

At Calvary Chapel Solid Rock, one-on-one discipleship is designed to help people better understand what it means to be saved, grow spiritually, and follow Jesus practically in everyday life.

Our one-on-one discipleship ministry is especially designed for new believers, younger believers, or anyone desiring a stronger spiritual foundation and



greater consistency in their walk with the Lord.

During one-on-one discipleship, individuals meet regularly with a member of our discipleship team to walk through guided biblical topics, discuss questions openly, pray together, and encourage spiritual growth in a personal and relational environment.

Discipleship is more than simply gaining information. It is learning how to follow Jesus faithfully in real life.

Jesus did not merely gather crowds to listen to Him occasionally. He walked closely with His disciples, taught them personally, answered questions, corrected misunderstandings, encouraged growth, and helped them gradually mature over time.

In many ways, healthy discipleship still works much the same way today.

However, one-on-one discipleship is not intended to become a lifelong dependency relationship. The goal is to help establish a healthy spiritual foundation so that believers can continue to grow consistently within the life of the church through worship, Bible study, fellowship, prayer, serving, discipleship groups, and healthy Christian relationships.

One of the beautiful things about discipleship is that those who are discipled today may eventually help disciple others tomorrow as they continue to grow in spiritual maturity.

One-on-one discipleship requires commitment because consistency matters. If someone desires to begin one-on-one discipleship, we encourage them to approach it seriously and faithfully since another person is also committing their time, prayer, care, and investment into helping them grow spiritually.

Discipleship also works best when conversations remain honest, humble, and open. Spiritual growth becomes much harder when people