

We also believe the bread and cup themselves are symbolic reminders given by Jesus to help us remember His sacrifice. Communion is not something magical, nor do the elements literally become the physical body and blood of Christ. At the same time, communion can still be a very real and deeply personal moment with the Lord as believers reflect upon His love, sacrifice, grace, and faithfulness.

In many ways, communion is like visiting the resting place of someone deeply loved and remembered — except that Jesus is not dead. He is risen, alive, and present with His people.

Communion also reminds us that we are part of the body of Christ together as believers. As we worship, reflect, pray, and remember the Lord together, we are reminded that our lives have been joined together through Him. In many ways, our differences, preferences, distractions, and divisions should grow dim in the shadow of the cross as we remember the grace and mercy we ourselves have received through Jesus Christ.

At Calvary Chapel Solid Rock, we desire communion to be approached with reverence, gratitude, humility, worship, and sincere reflection upon Jesus Christ and His sacrifice for us.

If you have questions about communion or about beginning a relationship with Jesus Christ, we would love to speak with you.

FOLLOW US!



@CALVARYCHAPELSOLIDROCK



@CALVARYCHAPELSOLIDROCK



@CCSOLIDROCK



@CALVARYCHAPELSOLIDROCK5750

SERVICE TIMES

SUNDAY MORNING | 9:00 & 11: 00

CONTACT US

(210) 236-8356
17018 Silverwood Dr.
San Antonio, TX 78232

WWW.CALVARYSR.ORG



COMMUNION



CALVARY CHAPEL

SOLID ROCK

COMMUNION

Communion is one of the meaningful ways believers remember and reflect upon the sacrifice Jesus Christ made for us through His death on the cross.

On the night before His crucifixion, Jesus shared bread and the cup with His disciples and told them:

**“DO THIS IN REMEMBRANCE OF ME.”
— LUKE 22:19 NKJV**

Communion is not merely a religious tradition or ritual. It is a personal and spiritual moment of remembrance, worship, gratitude, reflection, and renewed appreciation for what Christ has done for us.

The bread reminds us of Christ's body that was broken for us, and the cup reminds us of His blood that was shed for the forgiveness of sins. Together, communion points us back to the cross and reminds us that our salvation was purchased through the sacrifice of Jesus Christ.

The Bible says believers are to continue remembering Him in this way *“till He comes”* (1 Corinthians 11:26). Communion not only causes us to look back at what Christ has done, but also reminds us that Jesus is alive and will return again.



At Calvary Chapel Solid Rock, we believe communion is for born-again believers who have personally placed their faith in Jesus Christ. Communion is meant to be approached sincerely and thoughtfully, not casually or merely out of habit.

The Bible teaches believers to examine themselves before taking communion.

**“But let a man examine himself, and so let him eat of the bread and drink of the cup.”
— 1 Corinthians 11:28 NKJV**

This time of self-examination is not meant to drive believers away from the Lord, but to draw us closer to Him with honesty, humility, repentance, gratitude, and worship. Communion gives us an opportunity to reflect not only on what Christ has done, but also on the condition of our own hearts and the direction of our lives.

Taking communion in a “worthy manner” does not mean someone must be perfect or without struggle in order to participate. Communion is not for perfect people, but for believers who are honestly walking with the Lord and responding to Him sincerely.

Because communion is connected to personal faith and understanding, we believe it is intended for those who understand the significance of Christ's sacrifice and have personally placed their trust in Him. Communion should never become merely a religious activity performed without understanding or sincere reflection upon Jesus Christ.

For that reason, we do not encourage young children who do not yet understand the gospel, salvation, or the meaning of Christ's sacrifice to participate in communion. Rather, we hope children grow up learning the importance and meaning of communion so that one day they genuinely desire to participate with understanding, faith, reverence, and gratitude toward Christ.

At the same time, parents are ultimately responsible before the Lord for decisions involving their children and communion, and we encourage families to approach those decisions carefully, thoughtfully, and prayerfully.



**CALVARY CHAPEL
SOLID ROCK**